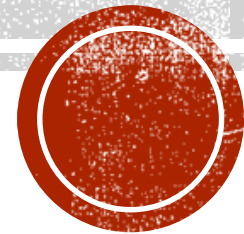


# THE KICKING GAME



# THE KICKING GAME

The kicking method can be either a punt,  
place kick or drop kick.

There are two types of kicks:

## Free and Scrimmage



**FREE KICKS**



# FREE KICKS

## Kicking Team (Team K) Restrictions

- Kickoff: Must be place kick or drop kick made from a point between the hash marks on Team K's free kick line, which is the yard line unless moved by a penalty.
- Free kick after a safety: May be a punt, Drop kick or place kick from the yard line. A punt must be made within one step behind Team K's free kick line.
- When the ball is kicked, all players must be inbounds and behind the ball, except the holder and kicker (who may execute a soccer-style kick.)



# FREE KICKS

## Kicking Team (Team K) Restrictions

- The clock starts when the ball is touched, other than first touching by Team K.
- Team K players may not touch the ball until:
  - (1) It touches A Team R player
  - Or
  - (2a) it touches the ground
  - And
  - (2b) it breaks the plane of Team R's free kick line i. e.  
10 Yards from the spot of the kick.



# FREE KICKS

## Receiving Team (Team R) Restrictions

- Until the ball is kicked, all players must remain behind their free kick line, which is the 50 yard line unless moved by a penalty.
- All players must be inbounds when the ball is kicked.
- Team R has no rear free kick line.
- Team R may not block the kicker until he has advanced five yards beyond Team K's free kick line, or until the kick has touched the ground or a player. This foul carries a penalty of 15 yards for illegal block, enforced from the previous spot.



# FREE KICKS

## Free Kick Out of Bounds

- If a free kick goes out of bounds between the goal lines after Team R touches it, the ball belongs to Team R where it went out of bounds.
- If a free kick goes out of bounds between the goal lines before Team R touches it (regardless of touching by Team K), it is a foul by Team K. Team r may choose one of the following options.
  - - Have team K kick again following a five yard penalty.
  - - Put the ball in play 25 yards beyond Team K's original free kick line at the inbounds spot on the side of the field where the ball went out of bounds.



# FREE KICKS

- - Decline the penalty and put the ball in play at the inbounds spot on the yard line where the ball went out of bounds.





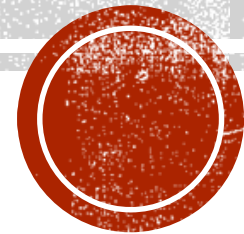
# FREE KICKS

## Fouls during Free Kicks

- Accepted penalties for fouls which occur during a free kick other than the kick catching interference are always enforced from the previous spot under the all-but-one principle.
- Once Team R possesses the ball, the kick has ended. The penalty for any subsequent foul is enforced as on any other running play using the all-but-one principle.



# SCRIMMAGE KICKS



# SCRIMMAGE KICKS

- A scrimmage kick is a legal kick made in or behind the neutral zone during a scrimmage down. It may be a punt, drop kick or place kick. A kick try is also a scrimmage kick, but there are special rules which apply only during a try.
- When the offense is in scrimmage kick formation, the defense may not charge directly into the snapper. This protection exist until the snapper is able to protect himself, blocks or otherwise moves to participate in the play. “Protect Himself” means the snapper has time to look up and regain his balance.



# SCRIMMAGE KICKS

- If a Team K player is beyond the neutral zone when he kicks the ball, it is an illegal kick which is a 15-yard penalty from the spot of the foul using the all-but-one principle.
- Team R, the receiving team, may always advance any scrimmage kick in the field of play unless a valid or invalid fair catch signal is given.
- If a scrimmage kick goes out of bounds between goal lines it belongs to the receiving team, regardless of the down, who touched it last, or whether or not it crossed the neutral zone.



# SCRIMMAGE KICKS

- If a kick is ruled in joint possession of the opposing players, it is dead and belongs to the receiving team.
- A kick try is a scrimmage kick
- A field goal is a scrimmage kick.



# FIRST TOUCHING

- If a Team K player is the first to touch a scrimmage kick that is beyond the expanded neutral zone and not in Team R's end zone, Team R may elect to next put the ball in play at any spot of first touching UNLESS-- - - Team R commits a foul after the ball is touched.
  - - there are offsetting fouls.
  - - there is an accepted penalty for a foul by either team any time during the down.

**Any of the above cancels first touching privilege.**



# FOULS DURING SCRIMMAGE KICKS

- With the exception of interference with the opportunity to catch a kick, penalties for all fouls by Team K during a scrimmage kick are enforced from the previous spot.
- Penalties for Team R during scrimmage kicks are enforced from the previous spot unless the foul is governed by post-scrimmage kick enforcement rules.
- There are also enforcement rules which apply when Team R fouls during a try.



# CONTACTING THE KICKER

- When it is obvious a scrimmage kick will be made, the defense may not rough nor run into the kicker or holder. In most cases, there is no foul if there is contact by the defense and the kick is blocked.
- There are also special enforcement rules which apply when Team R fouls during a try.





# RULES COMMON TO BOTH FREE AND SCRIMMAGE KICKS

- A fair catch may be made during a free kick in or beyond the neutral zone and on a scrimmage kick beyond the neutral zone.
- Fair catch protection is given to a player who makes a valid fair catch signal. Valid means the player extends his hand above his head and waves is side to side more that once and the signal is made before the ball touches the ground or a player.
- Receiving team players must have an unhindered opportunity to catch a kick. This opportunity exists whether or not the player has signaled for a fair catch. If interference occurs, three options are available. Team R may accept:
  - - the result of the play;
  - - a 15-yard penalty from the previous spot with the down replayed; or

**NEW IN 2013: an awarded fair catch after the enforcement of a 15-yard penalty from the spot of the foul.**



# CFOA OFFICIATING PHILOSOPHIES

1. The kicker's restraining line on onside and short pooch kick-offs should be officiated as a plane and any player (other than the kicker or holder) breaking the plane before the ball is kicked should be called for encroachment.
2. For deep kick-offs, the foot should be on the ground and beyond the line to be called.
3. When in doubt as it relates to the receiver's goal line; a touchback vs. allowing the runner to return the kick; allow the return.



# **ALOHA CLINIC — KICK PLAYS**

**16:34**



**THANK YOU FOR WATCHING  
THIS PRESENTATION**

